

**HERE
FOR
HEALTH**
♥



WOULD YOU LIKE TO **LEARN SKILLS** SO YOU ARE ABLE TO **SUPPORT** SOMEONE EXPERIENCING **MENTAL HEALTH** PROBELMS?

Mental Health First Aid (MHFA) is the help provided to a person who is developing a mental health problem, experiencing a worsening of a mental health problem, or in a mental health crisis. MHFA courses teach mental health first aid strategies to members of the public.

ACON is pleased to be hosting a series of **FREE MHFA courses** during March and April 2018.

There are no prerequisites for this course which is open to all members of the LGBTI communities.

If you would like to learn more about MHFA and share with us what you might like to learn from a MHFA course, please come along to our open evening. Spaces are limited so please register before Tuesday 6 February.

Date & Time

Wednesday 7 February
6.15pm - 8pm

Location

ACON Level 3
414 Elizabeth St, Surry Hills

To register

Email your name and contact to
nbath@acon.org.au

Funded by

